



## The Power of Writing



**Integrating therapeutic writing into your clinical practice.**

**JUNE 22, 2018 - Ottawa**

Integrating writing exercises into clinical practice can assist clients in finding their voice, their strength, and their individual path. It can also help them process emotion, make decisions, confront negative thinking patterns, and explore their worth.

In this training you will learn:

- background theory on the use of writing and its benefits
- basic writing exercises and how to select and use them for individuals
- practice guidelines and a sample process for group work
- MOSS - a tool to help clients situate themselves in their experience

Interactive process. The training will have no more than 15 participants, thus enhancing the opportunity for discussion and shared learning. Manual included. Certificate of attendance.

Early Bird rate: \$200 until June 10,  
Regular rate: After June 10 \$225  
Student rate: \$175

St. Paul's University, Ottawa  
June 22, 2018  
8:30 am - 4:30 am  
[info@dimadupere.com](mailto:info@dimadupere.com)

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